

# Amy R. Oates

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2706 Turner St, Apt. 1 • Fairbanks, AK 99701 • (907) 987-4322 • aroates@hotmail.com

## EDUCATION

### Bachelor of Science Degree

Endorsement: Pre-k-12 Health and Physical Education

Wayne State College, Wayne, Nebraska

Graduated: May 2017

GPA: 3.69

### Bachelor of Arts Degree

Endorsement: Exercise Science

Wayne State College, Wayne, Nebraska

Graduated: May 2018

GPA: 2.7

## WORK EXPERIENCE

### Health and Physical Education Teacher

September 2018 – Current

West Valley High School, Fairbanks, AK

- Teach knowledge and skills in physical fitness, health education, and individual, dual and team sports
- Design, plan, and implement physical education lessons based on school district/state/national standards
- Organize lessons that are structured for maximum participation
- Motivate students to be physically active outside of school
- Communicate with parents and school counselors on student progress
- Ensure accommodations and modifications are made for the growth and development of all students
- Make sure that the physical education environment is clean, safe and constructive for all students

### High School Varsity Girls Basketball Assistant Coach

November 2021 – March 2022

West Valley High School, Fairbanks, AK

- Provide supervision of student athletes during all aspects of the program
- Assess player's skills and monitor student athletes during practices and competitions
- Design, plan, and organize team practices
- Maintain a record of team statistics and requirements for lettering
- Make sure equipment and training facilities are in good condition
- Coordinate team and fundraising events
- Communicate with parents about team practices, games, tournaments, and travel

### High School Varsity Girls Soccer Assistant Coach

March 2019 – June 2019

West Valley High School, Fairbanks, AK

- Provide supervision of student athletes during all aspects of the program
- Assess player's skills and monitor student athletes during practices and competitions
- Design, plan, and organize team practices
- Maintain a record of team statistics and requirements for lettering
- Make sure equipment and training facilities are in good condition
- Coordinate team and fundraising events
- Communicate with parents about team practices, games, tournaments, and travel

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## **Camp Counselor**

**August 2013 – July 2014**

YMCA Day Camp and Before and After School Kids Club Program, Norfolk, NE

- Supervise children with first priority in their safety at all times
- Assist with the preparation of materials and equipment for before and after school activities
- Lead organized learning activities for students to develop and strengthen their academic, physical, and social skills
- Instruct students on the safe and proper use of supplies and equipment
- Inspect the school site and the equipment for potential safety hazards by taking corrective action to prevent injuries
- Interact professionally and appropriately with parents, teachers, and school staff

## **Residential Technician**

Women's Empowering Life Line, Norfolk, NE

**September 2013 – May 2014**

- Monitor, educate, and assist residents in performance of activities of daily living in accordance of goals and problem areas recognized on individualized treatment plan
- Maintain client and program records
- Administer crisis and emergency situations involving residents
- Monitor resident's self-administration of medications
- Transport residents to and from appointment, groups, and other activities
- Carry out responsibilities pertaining to the tidiness of the facility
- Assist with inventory and general maintenance of supplies and equipment

## **SERVICE LEARNING & VOLUNTEER WORK**

**Student Teaching – Wayne State College, Wakefield, NE**

**January 2017 – May 2017**

- Serve as a role model, and demonstrate knowledge of health, physical education, and wellness
- Design objectives and lesson plans that are structured for maximum participation
- Teach fundamental motor skills, proper exercise form, and healthy nutritional habits
- Effectively organize space, equipment, and students
- Arrange equipment in a way that all children can be safe and active at the same time
- Communicate the importance of staying physically active for life

**Clinical Teaching – Wayne State college, Laurel, NE**

**August 2016 – December 2016**

**K-4<sup>th</sup> & 9-12<sup>th</sup> Grades**

- Observe cooperating teacher's Health and Physical Education classes
- Help direct and teach Health and Physical Education classes
- Create detailed lesson plans that meet Health and Physical Education state standards
- Teach fundamental motor skills and activities
- Motivate students to stay physically active outside the classroom

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## CERTIFICATIONS

- First Aid & CPR Certified
- National Archery in the Schools Program, Certified Basic Archery Instructor
- National Federation of State High School Associations, Certified Coach

## HONORS AND ACTIVITIES

- Member of The Honor Society of Phi Kappa Phi, Wayne State College, 2015 – 2017
- Member of The Alpha Lambda Sigma Society, 2017 – 2018
- Wayne State College Deans List Spring and Fall 2014, 2015, 2016, & 2017

## REFERENCES

Dave Foshee  
Assistant Principal  
West Valley High School  
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